

**HeadsUp Single Point of Access**

**Referral form**

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| **Date of Referral** | |
| Date |  |

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| **Eligibility Checklist** | | | |
| Resident/Attending school in Harrow |  | ADHD / Autism |  |
| Age 13 - 25 |  | LGBT+ |  |
|  |  | From Refugee / Asylum Seeking Family |  |

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| **Young Person Contact & Details** | | | | |
| First Name |  | | Last Name |  |
| Address |  | | | |
|  | Postcode | |  |
| Contact Number |  | Preferred pronoun (please select):  He/She/They/Ze/Zir | | |
| Email |  | | | |
| Date of birth |  | | | |

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| **Access Needs** | | |
| Interpreter needed |  | Language(s): |
| Disability access needs |  | |

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| **Reason For Referral** |
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| **Response time requested** | | | |
| Routine  5 working Days |  | Urgent  2 Working Days |  |

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| **Service Preferences** | | | | | |
| 1-1 |  | Group |  | Course |  |

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| **Young Person Risk Assessment** | | | | | | |
| High risk |  | Medium risk |  | Low risk |  | |
| **Please provide details - Medium to High risk** | | | | | | |
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| **Referrer – Contact Details** | | | | |
| Staff name |  | Agency |  | |
| Phone |  | Email |  | |
| Young Person aged 14-15 has competency to consent | | | |  |
| Young Person has given consent for referral | | | |  |
| Young Person has given consent to parental involvement | | | |  |

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| **About HeadsUp**  HeadsUp is a partnership between four local charities in Harrow to provide specialist mental health service to young people in Harrow. This service is provided by the Mosaic LGBT Youth Centre, Paiwand and the Centre for ADHD and Autism Support  **Who our service is for**  **Emotional Wellbeing workshops:** Harrow residents/attending school in Harrow aged 14 – 25  **1-1 / Group sessions:** Harrow residents/attending school in Harrow  Aged 14 – 25 from the LGBT or refugee communities or those with ADHD and Autism support needs.  **What the service offers**  The partnership service provides peer-run emotional wellbeing workshops for all young people and specialist one-to-one or group sessions tailored for young people from the LGBT+ community, young people from refugee and asylum seeking families and those with a diagnosis/suspected diagnosis of ADHD and Autism. Aims are; to improve mental health coping strategies, self-esteem, self-image, resilience and sense of belonging; and to reduce isolation and symptoms of trauma including anxiety and stress.  **Our service does not offer**: case support for homelessness or other welfare benefits, specialist substance misuse interventions, financial advice, legal advice or employment casework but we can provide information about where to find this help. |

**How to use the referral form**

Please ensure the ‘Client consent for referral’ box is ticked before sending to the service.

**For referrals as a general enquiry, please send the referral form to Mind in Harrow:** Email: [info@mindinharrow.org.uk](mailto:info@mindinharrow.org.uk) Mind in Harrow, First Floor, 132 – 134 College Rd, Harrow HA1 1BQ Tel: 020 8426 0929

**You can also refer directly to one of our specialist services. Their contact details are provided below:**

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| Centre for ADHD & Autism Support  Email: [enquiries@adhdandautism.org](mailto:enquiries@adhdandautism.org) Tel: 020 8429 1552 |
| Mosaic  Email [info@mosaicyouth.org.uk](mailto:info@mosaicyouth.org.uk) Tel: 0800 161 5428 |
| Paiwand  Email: [info@paiwand.com](mailto:info@paiwand.com) Tel: 020 8905 8770 |

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| **Mind in Harrow service partnership statement** |
| **How we process the information you provide**  Mind in Harrow is the Joint Data Controller with our service partner organisations, which means we are jointly responsible for processing your personal information in electronic or paper formats, as appropriate to provide a service to you.  We take your privacy seriously and promise to never sell your data. You can find out more about your rights, how we use your personal information and how we keep your details safe and secure by reading our Privacy Statement [http://www.mindinharrow.org.uk/privacy-statement.asp#](http://www.mindinharrow.org.uk/privacy-statement.asp) . If you are concerned about the confidentiality of your personal information, please contact us by phone on 020 8426 0929 or email [info@mindinharrow.org.uk](mailto:info@mindinharrow.org.uk). |